



Physical Therapists in the Hampton Roads Area

Below is a list of local providers for your convenience. Any provider marked with a * is a preferred/recommended provider per word of mouth.

Southside and Chesapeake

***Her Health Therapy Center (females)**

Natalie Foret, PT, DPT, MTC, CMTPT
<https://www.HerHealthTherapycenter.com/>
Address: 240 Mustang Trail, Suite 8, Virginia Beach, VA, 23452
Phone: 757-340-0361 **Fax:** 757-271-5515
Email Address: info@herhealththerapycenter.com

***The Source Pelvic Health and Wellness**

Male and Female Patients
Shirley Kent PT, DPT, OCS
Jaclyn Napier PT, DPT, PRPC
Kimberly Naylor PT, DPT, PYT1
Address: 2380 Liberty Way, Virginia Beach, VA 23456
Phone: 757-932-8977
Website: www.TheSourcePT.com
Email Address: info@thesourcept.com

***Ivy Rehab**

Maricel Briones, PT, DPT, OCS (male/female)
4421 Virginia Beach Boulevard Suite 101
Virginia Beach, VA 23455
P: 757-648-8562
F: 757-648-8564

***Restorative PT and Wellness**

Jaclyn Napier PT, DPT, PRPC
Rptwellness.com
900 Stanhope Gardens Suite 101, Chesapeake VA 23320
Phone: 757-842-6562

rptfrontdesk@gmail.com

***Pivot/Athletico Physical Therapy**

Brittany Deuso, DPT, PRPC, CMTPT, OCS
Great Bridge Clinic
135 W. Hanbury Road, Suite B
Chesapeake, Va 23322
Senior Physical Therapist
P: 757-819-6512
F: 757-819-6517

Direct Performance Physical Therapy Female only

Hannah Todd PT, DPT – Great neck
Aimee Konieczny PT DPT – Town Center
Kristen Burwell PT, DPT – Town Center
Amanda Davidson PT, DPT- Red Mill
Kate Murphy PT, DPT- Kempsville/Iron Asylum
P:(757)742-3778

ODU Monarch Physical Therapy Clinic

Female only
Katlin Middleton PT, DPT
Taylor Clarck PT, DPT
1015 W 47th St
Norfolk, VA 23508
P:757-683-7041
F: 757-683-7138

Bon Secours In Motion

Renee Cone, DPT
3300 High Street, Ste 1A



Portsmouth, Va 23707

P: 757-673-5689

F: 757-673-5678

Female Incontinence, pelvic pain, prenatal

4677 Columbus St. Suite 201

Virginia Beach, VA 23462

P: (757) 463-2540

F: (757) 463-2554

EVMS Urogynecology

Sharon Ross, PT, RYT-200

https://www.evms.edu/medical_group/specialties/obstetrics_and_gynecology/urogynecology/

757.446.7900 Norfolk

757.689.5104 VB

Virginia Beach Physical Therapy and Wellness

Michele Nielsen, DPT

2126 Great Neck Square

Virginia Beach, VA 23454

(P) 757-578-2197

(F) 757-578-2330

Sentara Princess Anne Therapy Center

Tiffany Bertolaaci, DPT

1975 Glenn Mitchell Drive

Virginia Beach, Va 23456

P: 757-507-1660

F: 757-301-7486

In Motion at Chilled Ponds

Chilled Ponds Ice & Turf Sports Complex

1416 Stephanie Way, Suite A

Chesapeake, VA, 23320

Phone: (757) 391-7676

Fax: (757) 391-7677

Sentara Princess Anne Therapy Center

Katie Johnson, DPT

1975 Glenn Mitchell Drive

Virginia Beach, Va 23456

P: 757-507-1660

F: 757-301-7486

Treats UI only

Sentara Therapy Center Edinburg

Kyla Kraft, MTC, DN Cert

1933 Edwin Dr, Suite 103

Chesapeake, VA 23322

P: 757-252-5800

F: 757-204-7765

The Therapy Network- Oceana clinic

Brook Panfil Devlin, PT DPT CMTPT

P: 757-496-3700

Virginia Beach, VA

Only treats females, no transgender patients

Bon Secours In Motion

Marlene Kuntz, PT

Town Center

Peninsula and Suffolk

Sentara Belle Harbour

Angela Shaffer, DPT

3920 Bridge Road, Suite 306

Suffolk. Va 23435

P: 757-983-0025

UI, FI, pelvic pain (treats both male and female)

Pivot

2007 Meade Parkway

Suffolk, Va 23434

P: 757-539-6300

(PFPT for women only)



Bon Secours Mary Immaculate Outpatient Facility

2 Bernadine Drive
Newport News, Va 23602
P: 757-886-6480

Erika Stephan, PT
5388 Discovery Park Blvd, Suite 100
Williamsburg, Va 23188
P: 757-903-4230

Riverside Rehabilitation Institute

Heather Blair, PT
225 Blair Ave
Newport News, Va 23607
P: 757-903-4230

Comber Physical Therapy

Physical Therapists on Eastern Shore VA

Riverside Hospital

Sara Smith, DPT
In the Medical Office Building
20486 Market Street
Onancock, Va 23417
P: 757-302-2770
F: 757-787-9264
<http://www.riversideonline.com/shore/>

Mosher Physical Therapy and Sports Medicine

(2 locations)
20435 Washington St.
Onley, VA 23418
757-789-3075

712 Randolph Avenue
Cape Charles, VA 23310
757-331-4490



Physical Therapist in North Carolina

The Outer Banks Hospital

Sarah Cox, PT, DPT
4800F S Croatan Hwy
Nags Head, NC 27959
P: 252-449-4560
F: 252-449-4566

PT for Women's Health, LLC

Angela Butner Hunter, PT
164 Roundabout Court
Rocky Mount, NC 27804
252-451-7894

Peak Performance

Sarah McCall PT
740 Fire Tower Rd.
Winterville, NC 28590
252-329-8800 (2.5 hours from Manteo)

Carolina Physical Therapy Associates

1201 Carolina Avenue
Washington, NC (2 hours from Manteo)
252-975-0600

Physical Therapy for Women

1630 Military Cutoff Road, Suite 110
Wilmington, NC 28403
910-798-2318
ptforwomen@yahoo.com



Physical Therapist in Richmond

Women's Health Physical Therapy & Men's Pelvic Health

Dr. Cora T. Huitt, PT, DPT, BCB-PMD

<http://www.obgyn-physicaltherapy.com/patients/>

T 804 379 3002

F 804 379 3053

whptrichmond@gmail.com

West End Location

2004 Bremo Rd, Suite 200

Richmond, VA 23226

South Side Location

1919 W Huguenot Rd, Suite 202

N Chesterfield, VA 23235

Casey Smith, PT

<http://www.vcupelvichealth.org>

(3 locations)

Women's Health Center at Stony Point

9000 Stony Point Parkway

Richmond, VA 23235

Nelson Clinic

401 N. 11th Street

Richmond, VA 23219

(804) 828-2191

Ambulatory Care Clinic

417 N. 11th Street

Richmond, VA 23219

Orthopedic Physical Therapy, Inc

2000 Bremo Road, Suite 202

Richmond, VA 23226

Phone: 804-285-0148

Fax: 804-673-6026

<http://orthopedicptinc.com/>

VCU Pelvic Floor Physical Therapy

Meghan Swenck, PT, DPT, WCS